



## Addiction Resources for 2SLGBTQIA

### Counsellors Comfortable with 2SLGBTQIA+ and Substance Use

- **Dr. Hayley Ellwood** at Genest MacGillivray Psychologists - Phone: (902) 492-2546  
Website: [www.halifaxpsychologists.com/dr-hayley-ellwood/](http://www.halifaxpsychologists.com/dr-hayley-ellwood/)
- **Gabriel Enxuga** at Lambda Health - <https://www.lambdahealth.ca/>
- **Erica Baker-Gagnon** at Diverse Roots Therapy however all counsellors are trained in queer related issues. Phone:(902)-593-0753 - <https://www.diverserootstherapy.com/>
- **Cailin Crosby** at Cailin Crosby therapy - Email: [cailincrosbytherapy@gmail.com](mailto:cailincrosbytherapy@gmail.com)  
<https://www.cailincrosby.com/>
- **Cynthia Voegeli** at C&D Therapy - Email: [cynthia.voegeli@gmail.com](mailto:cynthia.voegeli@gmail.com) Phone: (902) 814-6052 - <https://home.cdtherapy.ca/home>

### Addiction Recovery Houses:

- **Terradyne Wellness Center**- 12-Bed, **co-ed**, residential addiction rehab  
21-90 day stay, individualized programming and financing available.  
610 Myers Point Road Head of Jeddore, Nova Scotia B0J 1P0,  
phone: (902) 889-2121, Fax: (902) 889-9274, Email: [info@terradynewellness.ca](mailto:info@terradynewellness.ca)
- **Hope House**- therapeutic live-in recovery home for **women** suffering from drug and alcohol addiction, in Cape Breton N.S.  
12 Watson Rd., Point Edward N.S., B2A-4P7, phone:(902) 304-6247,  
email: [info@cbhopeproject.ca](mailto:info@cbhopeproject.ca), fax: (902)-270-2173
- **Crosby House Society**- a recovery and addiction centre that provides a four weeklong residential treatment program to **men and woman** in N.S  
113 Cornwallis Avenue, New Minas, N.S., B4N-3M9,  
phone:1-866-681-0613, email: [info@crosbiehouse.ca](mailto:info@crosbiehouse.ca)
- **Eagle's Nest Recovery House**- Provides five-week residential wellness and recovery program for anyone of **Aboriginal decent**.  
44 Eagles Nest Avenue, Indian Brook, Sipekne'katik First Nation, N.S, Phone:(902) 758-4277, Fax:(902) 758-4229. Must be 19+

- **Mi'kmaw Lodge-** Lodge houses fifteen residents over a 35-day treatment cycle for those of **Aboriginal decent only**. Must be 19+  
70 Gabriel Street, Eskasoni, N.S., Phone: (902) 379-2267, fax: (902) 379-2412
- **Alcare Place-** non-profit organization dedicated to helping **men and trans masculine people**, age 19+, recover from addiction to alcohol, drugs, and gambling. 11 bed residential addictions recovery program. 1374 Robie St., Halifax, N.S., B3H-3E2, phone: 902-423-9565, fax: 902-423-7348, Email: info@alcareplace.ca
- **Marguerite Centre-** provides **woman and trans feminine people** a holistic, women-centred approach to recovery from substance misuse and gambling addiction. Must be 19+. 3178 St. Margaret's Bay Rd., Timberlea, N.S., B3T-1J1, Phone: (902)-876-0006, Fax 902-876-1337, Email: programarguerite@eastlink.ca
- **Native Alcohol and Drug Abuse Counselling Association of N.S (NADACA)-** Provides mental health and addictions programs and treatment to Aboriginal folks living in N.S. Provides inpatient residential addictions treatment, wellness programming online and in person, counselling, and referral. 70 Gabriel St. Eskasoni, Cape Breton, N.S., B1W-1H6. TOLL FREE 1-866-588-5954, phone: (902) 379-2262, fax: (902) 379-2412
- **Freedom Foundation of Nova Scotia-** not-for-profit organization dedicated to helping **men** who are recovering from addiction. Must be age 19+, must be 7 days sober to enter program. A typical stay lasts an average of six to eighteen months. 133 Pinecrest Dr. Dartmouth, N.S., B3A-2J7, Phone: (902)-466-0299, Email: info@freedomfoundation.ca
- **Ledgehill Treatment and Recovery Centre (for men and trans masculine people)-**residential drug and alcohol detox, rehab, and treatment centre for Men. 7608 NS-201 #1 Lawrencetown, N.S, B0S-1M0, phone: 1-866-983-5922
- **Ledgehill Treatment and Recovery Centre (for woman and trans feminine people)-**residential drug and alcohol detox, rehab, and treatment centre for Woman. 7608 Hwy 201 RR #1 Lawrencetown, Annapolis County NS, B0S-1M0, phone: 1-866-983-5922
- **Searidge Foundation-** focussed drug rehab and detox centre. Offers drug addiction treatment programs for **men, women, and trans folx** who are over the age of eighteen. 3289 Evangeline Trail, Annapolis Royal, N.S., B0S-1A0. Phone: 1-888-777-9953, email: info@searidge.org
- **New Horizon Addiction Rehabilitation-** affordable private 12 bed treatment center offering 45-day **co-ed** residential treatment programming. The facility offers acute detoxification, stabilization, and aftercare programs for those struggling with opioid,

alcohol, benzodiazepine, cocaine, or other substance use disorders. 101 Bentinck St., Sydney, N.S., B1P-1G3. Phone: (902)-202-5058, Fax:1-902-270-6234, email: info@newhorizonaddiction.ca

## **Addiction Supports and Detox Programs:**

- **Provincial Mental Health and Addictions Crisis Line:** 1-888-429-8167
- **Mental Health and Addictions Intake Line NSHA:** 1-855-922-1122, Open Monday – Friday, 8:30am to 4:30pm (Tuesdays until 8pm). Leave voicemail evenings, weekends, and holidays, and staff will get back to you.
- **Inpatient Withdrawal Management programs NSHA:** provides medication-assisted withdrawal management and recovery supports to individuals requiring inpatient treatment to manage withdrawal from alcohol and/other substances. To access programs, you will need a referral from your doctor, or you can self-refer through Intake Services.
  - Central zone** (Halifax area, Eastern Shore, and West Hants): **Simpson Landing - Nova Scotia Hospital**, 304 Pleasant Street, Dartmouth, N.S., B2Y-2M7, Intake Service: 1-855-922-1122, Office phone: (902)-425-1095
  - Eastern Zone** (Cape Breton, Guysborough and Antigonish areas): **Cape Breton Regional Hospital**, 1482 George Street, Sydney, N.S., B1P-1P3, Intake Service: 1-855-922-1122, office phone: (902)-563-2040
  - Northern Zone** (Colchester-East Hants, Cumberland and Pictou areas): **All Saints Springhill Hospital**, 10 Princess Street, Springhill, N.S., B0M-1X0, Intake Service:1-855-922-1122, office phone: (902)-597-8647
- **Outpatient Withdrawal Management Programs NSHA:** Western Zone only (Annapolis Valley, South Shore, and Southwest) Outpatient Withdrawal Management combines functions of an outpatient (day program) withdrawal management (detox) and structured treatment, providing the support of a team-based approach. It offers withdrawal management and/or structured relapse preventions based on individual care plans. To access programs, you will need a referral from your doctor, or you can self-refer through Intake Services. To access this service, please call the Intake Service at 1-855-922-1122 or contact the units directly.
- **Fishermen's Memorial Hospital-**14 High Street, Lunenburg, N.S., B0J-2C0, phone: 902-634-8801 ext 1713228
- **Soldiers Memorial Hospital-** 462 Main Street, Middleton, N.S., B0S-1P0, phone:

1-855-273-7110

- **Yarmouth Regional Hospital-** 60 Vancouver Street, Yarmouth, N.S., B5A-2P5, phone: 902-742-4222
- **Adult Addictions Day Treatment Program NSHA:** Eastern Zone only (Cape Breton, Guysborough and Antigonish areas) The Addictions Day Treatment Program is a two-week group program for individuals that require a more intensive and daily treatment option. Individuals may benefit from this type of program if they recently left an inpatient treatment program (i.e. detox) or need more help making changes to their substance use and/or gambling after trying other community based treatment methods. A referral from your health care team is required.  
**Cape Breton Regional Hospital-**1482 George Street, Sydney, N.S., B1P-1P3, phone: (902)-563-2590
- **First Nations Addiction Services NSHA:** Mental Health clinicians work as part of the first nations health care team in several first nations communities. The Mental Health Clinician provides assessment, diagnosis and treatment, and outreach services that can help people to manage mental illness, addictions, and concurrent disorders, as well as acts as a liaison to other mental health and addiction services as required. **Eastern Zone** (Cape Breton, Guysborough and Antigonish areas)  
A referral is required through the local Community Mental Health and Addictions Clinic or through local First Nation's Health Center.  
**Membertou Sport & Wellness Centre-** 107 Membertou Street Membertou, N.S., phone: (902)-564-6466 ext. 2440  
**Waycobah Health Centre-** 90 Reservation Road Whycomomagh, N.S., phone: (902)-756-2156  
**Wagmatcook Health Centre-** 47 Humes Rear W Loop Wagmatcook, N.S., phone: (902)-295-2755  
**Chapel Island Health Centre (Potlotek Health Centre)-** 264 chapel Island, St. Peter's, N.S., phone: (902) 535-2961  
**Northern Zone** (Colchester-East Hants, Cumberland and Pictou areas) To access this service, contact the location in your area or contact the Intake Service at 1-855-922-1122. You may also request a referral from your doctor, other health care professionals or community agency familiar with your concerns.  
**Millbrook Health Centre-** 812 Willow Street, Truro, N.S., phone: (902)-895-9468  
**Paqtnkek Health Centre-** 128 Sagamaw Rd. Afton, N.S., phone: (902)-386-2048  
**Pictou County Community Health Center-** 690 East River Rd. New Glasgow, N.S., phone: (902)-752-0085  
**Sipekne'katik Health Centre** (Indian Brook) 601 Church St. Indian Brook, N.S., phone: (902)-758-2063

**Western Zone** (Annapolis Valley, South Shore and Southwest)

A referral is required through the local Community Mental Health and Addictions Clinic or through local First Nation's Health Center.

**Gold River Health Centre-** 311 Beech Hill Rd. Chester Basin, N.S., phone: 1-877-334-3431

- **Recovery Support Centre:** The Recovery Support Centre is a welcoming space that provides education, recovery, and harm reduction support, along with one-on-one support and group treatment for people struggling with substance use and/or gambling concerns. The centre can link people to care based on their individual needs. This could include inpatient withdrawal management, opioid-use disorder treatment, community mental health and addictions programs and other supports available within communities.

**Central Zone** (Halifax area, Eastern Shore and West Hants)- This service can be accessed any of these ways: Call the Dartmouth Queen Square Building location of the Recovery Support Centre directly at 902-425-3439 for information or to schedule an appointment or call the Mental Health and Addictions Intake Service at 1-855-922-1122.

**Queen Square Building-** 45 Alderney Drive, Dartmouth, N.S., phone: 902-425-3439

**Northern Zone** (Colchester-East Hants, Cumberland, and Pictou areas) This service can be accessed any of these ways: call the New Glasgow Aberdeen Hospital location of the Recovery Support Centre directly at 902-752-2752 for information or to schedule an appointment or call the Mental Health and Addictions Intake Service at 1-855-922-1122.

**Aberdeen Hospital-** 835 East River Road, New Glasgow, N.S., phone: (902)-752-2752

**Eastern Zone** (Cape Breton, Guysborough and Antigonish areas)

This service can be accessed any of these ways: call the Strait-Richmond Hospital location of the Recovery Support Centre directly at 1-902-625-3230 for information or to schedule an appointment or call the Mental Health and Addictions Intake Service at 1-855-922-1122.

**Strait Richmond Hospital-** 138 Hospital Rd., Evanston, N.S., phone: (902)-625-3230

**Western Zone** (Annapolis Valley, South Shore and Southwest)

This service can be accessed any of these ways: Call the Soldiers Memorial Hospital location of the Recovery Support Centre directly at 1-902-825-0207 for information or to schedule an appointment or call the Mental Health and Addictions Intake Service at 1-855-922-1122.

**Soldiers Memorial Hospital-** 462 Main St., Middleton, N.S., phone: (902)-825-0207

**Salvation Army Halifax Centre of Hope:** 2044 Gottingen Street, Halifax, N.S., B3K-3A9, Phone: (902)-422-2363, OR (902)-422-2065, email:

office@halifaxcentreofhope.ca

**Anchorage Program-** The Anchorage Addictions Program is a 6-month in-house abstinence-based program. The Anchorage program also contains a spiritual component which is mandatory for all clients. Chapel services are held five days a week and chaplaincy services are available throughout your time in the Anchorage program. Additionally, a weekly spirituality group session for our clients is facilitated by the Chaplain. Clients remain with in house for the duration of the program and are housed on a secure floor of the Halifax Centre of Hope. The Anchorage team will also conduct random drug and alcohol testing as well as random room searches. candidates must be drug and alcohol free for a period of 72 hours before being admitted into the Anchorage program.

## Support Groups

### **Untoxicated Queers**

Part-support group, part-sober events, part-harm reduction initiative, and 100% queer. We come together to support, connect and hold space for 2SLGBTQIA+ folks to chat about problematic substance use and addictive behaviours of all kinds. Online support group occurring weekly via Zoom. <https://www.facebook.com/UNtoxicatedqueers/>

**Central Nova Scotia Narcotics Anonymous:** PO Box 65 Central Station, Halifax, N.S., B3J-2L4, Automated Meeting Information Toll Free: 1-800-205-8402, To Talk with a Member and Information Line: (902)789-8323, leave a message if your call is missed it will be returned as soon as possible. For Meeting List Changes please email: [meetinglistcnana@gmail.com](mailto:meetinglistcnana@gmail.com). NA is a non-profit fellowship or society of people for whom drugs have become a major problem. NA is recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

**Nova Scotia Alcoholics Anonymous:** Alcoholics Anonymous is an international fellowship of men and women who have drinking problems. Membership is open to anyone who wants to do something about his or her drinking problem. Digital AA meetings are offered as an online resource and can be accessed at different times of the day, through a number of formats (phone, skype, chat). Groups can be general or for specific demographics: men only; women only; Gay/Lesbian/Bisexual/Transgender; Deaf/Hard of Hearing; Blind/Visually Impaired; Loners/Internationalists; and Atheist/Agnostic.

**Halifax Area AA -** District 1 Contact Paul B, Helpline: (902) 461-1119, email: [DCM.aahalifax@gmail.com](mailto:DCM.aahalifax@gmail.com), website: [www.aahalifax.org](http://www.aahalifax.org)

**Dartmouth Area AA:** District 2 contact Blair A., phone: (902) 476-5688, Helpline:

(902) 461-1119, email: DCM2.AAHalifax@gmail.com, website:  
www.aahalifax.org

**Annapolis & Kings Counties AA-** District 3 contact John W., helpline: (902) 691-2825, email: district3@area82aa.org

**Yarmouth & Digby Counties AA-**District 4 contact Pete N., phone: (902) 376-2007, email: district4@area82aa.org

**Amherst, Springhill & Oxford Area AA-** District 5 contact Richard D., phone: (902) 447-2540, email: aa.cumberland.ns@gmail.com

**Great Village, Shubenacadie, Tatamagouche, Bible Hill & Truro Area AA -** District 6 contact Trevor J., phone: (902) 890-7542, email: district6@area82aa.org

**Pictou, Antigonish, Guysborough & Port Hawkesbury AA**

District 7 contact Darrell M., phone (902) 754-5390, email: district7@area82aa.org

**Inverness, Victoria & Richmond Counties AA-** District 8 contact Joe S., phone: (902) 258-5227, email: district8@area82aa.org

**Cape Breton County AA-** District 9 contact Brian P., phone: (902) 565-2078, Helpline: (902) 562-8019, email: district9@area82aa.org

**South Shore AA-** District 10 contact Patricia F., phone: (902) 329-4030, helpline: (902) 521-8114, email: district10@area82aa.org

**Wolfville and West Hants County AA-** District 17 contact Gary O., phone: (902) 670-3947, helpline: (902) 790-6066, email: district17@area82aa.org

## **Harm Reduction Supplies:**

- **Now available for order and pickup at the AIDS Coalition of NS through Peer N Peer Program!** Contact Andrew Thomas, Peer N Peer (PNP) Coordinator for more information, 5516 Spring Garden Road, Suite 203, Halifax N.S., B3J-1G6, phone: (902)-403-9237, email: peerc@acns.ns.ca
- **Mainline Needle Exchange** – provides health promotion programs dedicated to supporting people through harm reduction and is committed to supporting people to focus on their health and well-being through raising awareness, education, and empowerment. 5367 Cogswell Street, Halifax, N.S., B3J-3X5, Office: (902)-423-9991, Central Outreach (HRM): (902)-830-3853, Provincial Outreach: (902)-210-4205, Community Outreach: 902-830-9419, Toll Free: 1-877-904-4555, fax: (902)-423-1619, Office: Mon-Fri 7am-7pm, Sat, Sun, and holidays: 9am-12pm, Outreach: Mon-Fri 12pm-6pm, website: <https://mainlineneedleexchange.ca/>

- **Direction180 (Halifax)**- Is a community-based opioid assisted treatment program and non-profit organization running since 2001 as a program of the Mi'kmaw Native Friendship Center. Direction 180 receives funding from and works in partnership with the Nova Scotia Health Authority to promote and improve access to opioid assisted treatment within the Central Zone. 2151 Gottingen Street, Halifax N.S., B3K-3B5, phone: (902) 420-0566, fax: (902) 420-1549, website: <https://direction180.ca/>
- **The Ally Centre of Cape Breton**- a harm-reduction based organization that provides prevention, support and education services to people living with or at risk of HIV, HCV or STIs, 150 Bentinck St., Sydney N.S., B1P-6H1, phone: (902) 567-1766, website: <https://www.allycentreofcapebreton.com/>
- **Northern Healthy Connections**- is a community-based, non-profit organization in Truro, Nova Scotia. NHCS began as a Resource Center for people living with HIV/AIDS, and now provides a multitude of Harm Reduction supplies, 33 Pleasant St, Truro, N.S., drop in for help or advice, open 8:30-4:30 Monday- Friday, B2N-3R5, phone: (902)-895-0931(Office), website: <https://www.nhcsociety.ca/>

## HIV/AIDS/STBBI Resources

- **AIDS Coalition of Nova Scotia**- 5516 Spring Garden Road, Suite 200, Halifax, N.S., B3J-1G6, phone: Local: (902)-425-4882, Toll-free: (800)-566-2437, Fax: (902)-422-6200, Monday – Friday 10:00am - 4:00pm, website: [www.acns.ns.ca](http://www.acns.ns.ca)
- **Infectious Disease Clinic at the Victoria General Hospital (STBBI Testing)** – phone: (902) 473-2272 between 1 and 3 p.m. on Monday and Thursday for a same evening appt.
- **Halifax Sexual Health Centre**- phone: (902)-455-9656, website: <http://hshc.ca/>
- **Hepatitis Outreach Society of NS**- phone: (902)-420-1767 (office), (902)-201-6168 (Outreach), website: <http://www.hepns.ca/>
- **Healing Our Nations**- provides teaching and support in the prevention of HIV/AIDS and related issues, such as, healthy sexuality, sexually transmitted infections, Hepatitis ABC, and co-infections, in a manner that is respectful to Aboriginal ways of life. 31 Gloster Court, Dartmouth N.S., B3B-1X9, phone: (902)-492-4255, website: <https://hon93.ca/>, email: [healingournationsed@outlook.com](mailto:healingournationsed@outlook.com)



- **AIDS NB**- phone: 1 800-561-4009, website: <http://www.aidsnb.com/en/>, email: [info@aidsnb.com](mailto:info@aidsnb.com)
- **CATIE**- “CATIE is Canada’s source for accessible, evidence-based information about HIV and hepatitis C prevention, testing, care, treatment, and support. CATIE strengthens the national response to HIV and hepatitis C by fostering collaboration and capacity among people living with HIV and/or hepatitis C and other affected populations, frontline service providers and researchers to reduce transmission and improve health and well-being”, website: <https://www.catie.ca/>, email: [info@catie.ca](mailto:info@catie.ca)
- **Canadian HIV/AIDS Black, African and Caribbean (CHABAC) Network** CHABAC works to strengthen the response to HIV/AIDS epidemics and associated stigma and discrimination among African, Caribbean and Black communities in Canada. website: <http://www.icad-cisd.com/>, phone: 613-233-7440, fax: 613-233-8361, email: [info@icad-cisd.com](mailto:info@icad-cisd.com)

### **Sex Work Services**

**Stepping Stone** - Stepping Stone is a charitable organization that provides services and support to current and former sex workers, people at risk of entering the sex trade, and people who identify as being trafficked. <https://steppingstonens.ca/> or Phone: 902-420-0103

### **Government**

- Department of Community Services  
<https://novascotia.ca/coms/department/contact/index.html> (Province-wide directory)  
HALIFAX GOTTINGEN STREET
- Children and Family Services      Phone: 902-425-5420
- Income Assistance                      Phone: 902-425-5420
- Employment Support Services      Phone: 902-424-1980
- Disability Support Services          Phone: 902-424-6111